Gel Beads Hot/Cold Pack



Instructions:

Cold Therapy – Put the pack in the freezer for up to 2 hours before usage

Heat Therapy

Option 1 - Place the pack in boiling hot water for up to 5 minutes or until desired temperature has been reached

Option 2 - Place the pack in the microwave for no longer than 20-30seconds

CAUTION: Overheating in the microwave could lead to burns to the skin and/or cause the gel pack to expand and potentially burst.

Silicone Phone Wallet With Stand



Convenient Phone Wallet That Doubles As A Vertical Or Horizontal Stand

Simply Push Down On The Center Strip Of The Wallet To Prop Up Your Phone!

Adheres To the Back Of Your Phone With Strong Adhesive

Perfect For Carrying Identification, Room Keys, Business Cards, Cash Or Credit Cards